



Multicultural Association
of Fort McMurray

**New to Canada? Do you come from another culture?
Concerned about keeping good health?**

Call us at 780 791 5186 OR Email: admin@multiculturefm.org



The Multicultural Association helps immigrants:

- *Providing true quality information*
- *Making referrals to needed services and programs*
- *Increasing knowledge of health resources*
- *Facilitating workshops on physical, mental and social health*
- *Addressing common health needs*
- *Help Integrating into the community*
- *Improving health and quality of life*

Our mission is to help immigrants to be more conscious and pro-active about their health.